

In Finland Every Newborn Baby Sleeps In A Cardboard Box For A Very Interesting Reason

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What if every baby brought into this world was given the same box to start out his journey in life?

Nowadays you see all these ridiculous high priced baby stores carrying expensive items and clothing that only serve as status symbol props to adorn a baby. At the other end of the spectrum you have mothers who barely can afford to cloth and feed their newborns. In the middle you have people working long hours just to provide the essentials. You can see how these different starts can set the stage for struggles children will experience later on in life.

In Finland they do things different.

Each and every mother who is expecting a child in Finland will receive a box which contains the following items:

- Mattress, mattress cover, undersheet, duvet cover, blanket, sleeping bag/quilt
- Box itself doubles as a crib
- Snowsuit, hat, insulated mittens, and booties
- Light, hooded suit and knitted overalls
- Socks and mittens, knitted hat and balaclava
- Bodysuits, romper suits, and leggings in unisex colors and patterns
- Hooded bath towel, nail scissors, hairbrush, toothbrush, bath thermometer, nappy cream, washcloth
- Cloth nappy set and muslin squares
- Picture book and teething toy
- Bra pads, condoms

What's the fee for this newborn baby box? Nothing. It's provided by the government for free to simply ensure that the newborn baby will be brought into this world in a safe and secure manner.

This is such a common sense, straight forward gesture you would think it would be a normal provision in all countries. Yet, Finland remains the forward thinking country, not just in acts like this, but also when it comes to education and standard of living.

A report came out not long ago saying that mothers in Finland are actually the happiest in the world. The baby box certainly has something to do with it as starting out life as a new mother can be very difficult and stressful, especially those first few weeks. Knowing that you are taken care of with the essentials and can focus all your attention on giving your newborn the much love it needs, certainly has made a huge impact for Finnish moms.

Here's how the box works:

The box actually doubles as a comfortable little crib!



All expectant mothers in Finland receive a box for free.



The box includes toys, clothes, books, a mattress, and many more essentials.



The mortality rate for newborns used to be extremely high in Finland back in the 1930's. They've made changes to ensure that the safety and welfare of newborn babies are met.



The boxes came around 1938 and everything changed. Today Finland has the lowest infant mortality rate and is considered the best place in the world to be a mom.

